



JOB DESCRIPTION

Personal Trainer / Exercise Physiologist

Location: The Fitness Partnership, Hampton East

Role: Personal Trainer / Exercise Physiologist

Job Type: Casual, Part Time (with the possibility of a full-time contract after 6 months)

Salary: \$30 - \$60 per hour depending on experience

- Inspire women to become strong, healthy and thrive
- Run small group and individual training sessions
- Endless opportunity to learn & develop
- A vibrant culture and community like no other!

You will need:

- ✓ Minimum Certificate IV in Fitness
- ✓ Current First Aid and CPR Certificates
- ✓ Current insurance cover: Personal Liability and Public Indemnity

Personal trainers and/or Exercise Physiologists looking for a flexible, super friendly and ambitious team, this is the role you've been waiting for!

The Fitness Partnership is a boutique women-only fitness studio specialising in Mindset and Movement to create incredible life-long change.

We are looking for a Personal Trainer / Exercise Physiologist to join our small team and help shape the future of our growing business. We are looking for someone results-driven, energetic and experienced with a passion for inspiring women to become strong, healthy and thriving.

What you will be doing day to day

As a PT or Exercise Physiologist with a relentless appetite for personal growth and improvement, you will not be afraid of a challenge and will seek out feedback. You will be eager to serve your clients and give

them the very best training and support you can. You'll *be* the difference between any other PT they've ever worked with. And will be asked to:

- Run private and small group training sessions
- Devise exciting and results-based programs
- Maintain client records and admin
- Assist with events and campaigns
- Provide unwavering support and outstanding customer service to clients
- Provide support to the Head Trainer on exciting projects and innovations

This is an exciting new role for us and we are keen to see where your unique skills and talents take this opportunity. There is HUGE potential to grow this role into your dream career!

What we need from you:

Being awesome is a given, and so is getting stuck in and owning what you do. We're also looking for:

- Cert III and IV in Fitness
- Past experience working as a personal trainer with groups and individuals
- Passionate about improving lives through mindset, movement, strength and nutrition
- Resilient and proactive
- Fabulous organisational skills
- Results/outcome focused

It's a seriously exciting time to join The Fitness Partnership and there's lots more to come. If you think you want to join us and be part of something great, **do it and apply now!**

What we bring to the table:

Our business is small but we dream BIG and aim to exceed expectations in everything we do. We are crazy about providing epic value to our community and changing lives! We empower our people to **TAKE ACTION, TAKE RESPONSIBILITY AND BE PASSIONATE** and that's what makes this an awesome place to work. Here, it doesn't feel like a job, we care about what we do and that's what connects us.

We encourage our team to bring fun to what they do and be 'uniquely them', so you'll fit right in. We expect you to seize opportunities to learn and grow and will support you to be the 'very best you'.

The extra stuff we know you want to know

We know how to celebrate our wins and we know not to sweat the small stuff. We care about three things – **living on purpose, delivering results** and **enjoying ourselves**, we believe that's all that really matters.

We are all about flexible working and, hand on heart, we practise work life balance. We'll give you the time you need to fill up your bucket and look after what's important.

Our culture is one of continual learning and we're so passionate about you fulfilling your potential, we'll subsidise your personal and professional development. Oh, and coffee, did we mention we love going for coffee?!

Heck, there are so many amazing benefits to working with us, you'll just have to chat to us to discover more...

Did I hear you say, "Who are The Fitness Partnership?"

We are a women only fitness business with a difference. We saw an industry flooded with 'get fit quick' solutions, but nobody helping those who'd tried but failed, those lacking self-confidence to follow through or those that were still waiting for the motivation to show up.

Everyone knows what they 'should' be doing, right! But then why don't they do it? Through partnering fitness training with expert human behaviour coaching, we are able to break through what's really holding people back from the awesome lives they want, reprogram their thinking and create real sustainable life-long change. No quick fixes. No fads.

And the results have been incredible. We just need your help to reach more people!

Have we got you excited?

Apply now by emailing your CV and a cover letter to alice@thefitnesspartnership.com.au

Essential Requirements

- Certificate III and IV in Fitness
- Current First Aid and CPR
- Current insurance cover: Personal Liability and Public Indemnity

Desirable Criteria

- Relevant Tertiary Qualification
- Registered Exercise Professional
- Human Movement/Exercise/Sports Science Degree
- Qualified Strength & Conditioning Coach

Work Eligibility:

- Permitted to work permanently with no restriction on hours (e.g. citizen, permanent resident)
(Preferred)

Benefits:

- Flexible work arrangements
- Training and professional development